

# Softouch Ayurveda Village Chalaky, Kerala, India

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## ACCOMMODATION CATEGORIES

**3 Suites:** Separate living and spacious bedroom, well appointed washroom

**3 Grand Cottages:** Lush garden setting, spacious room, private balcony, well-equipped washroom

**1 Pool facing Villa:** Spacious bedroom, pool-adjacent, large patio, work area, open-air bathroom, extra washroom

**1 Ayur Villa:** Lush garden setting, largest room type with living area, work area, 2 well-equipped toilets set adjacent to the Ayurveda centre

**2 Garden Villas:** Large rooms set next to the Garden, living room, spacious balcony and attached bathrooms

**1 Grand Villa:** 2 bedroom unit with living rooms, dining area, large balcony, 4 washroom

## INCLUSIONS WITH DIRECT BOOKINGS

**Two Daily Ayurveda Massages:** 60 mins Morning & 30 mins Day massage therapy. Additional treatments may apply at no extra cost if suggested by Doctor

**Full-board Meals:** Enjoy a variety of wholesome and nutritious vegetarian options. Meal plans are discussed with the Doctor and personalised

**Daily Yoga with Master:** Morning session in a serene atmosphere by the river

**Ayurveda Doctor Consultation:** Discuss your health matters with our senior Ayurveda Doctor & Resident Doctors daily

**Medicines Inclusive:** Free Ayurvedic medicines prescribed during the retreat

**Airport Transfer:** Free transfer from & to Cochin Airport (Min: 7 night stay)

**Day Trip:** Visit Athirapally Waterfalls & Hanging Bridge (Min: 7 night stay)

## DINING

**Full board Meals:** Healthy Kerala style choices for breakfast with fruits, tea & fresh juice. Relish freshly cooked home made meals for lunch and dinner, offering flavourful choices

**Drinks:** Indulge in warm teas, healthy drinks, coconuts and more

**Area:** Intimate dining area next to natural atmosphere next to fish pond

## VISITOR INFORMATION

**Languages:** English, Translators can be arranged with notice - extra cost

**Payment form:** Cash, Credit/ Debit Cards, Bank Transfer, UPI

**Climate:** The average temperature is between 20°C and 35°C (68°F - 95°F)

**Conditions:** June & July (Monsoon), Summer: April & May (Hottest Months)

## LOCATION & TRANSPORTATION

Cochin (COK) Airport - 50 mins / 25 kms from the resort

We can assist with various transportations across Kerala

Nurturing Wellness, Embracing Tranquility

## AYURVEDA RESORT

**6 Luxurious Treatment Beds:** 2 modern Ayurveda rooms with Jacuzzi and Steam Box, 2 couple room setups with 4 beds and large washrooms

**Holistic Wellness:** Experience tailored programs for - relaxation, rejuvenation, stress relief, detox, pain relief, joint care, computer injuries, and youth restoration

**Panchakarma Treatments:** After detailed consultation with our Doctor, the appropriate treatments will be recommended, requires - Min stay -2 weeks

## SERVICES & FACILITIES

**16.5 Acres of Tranquil Atmosphere:** Forest-like environment, meticulously maintained private resort, enjoy bird watching, or spot some Malabar Squirrels

**Riverside Access:** Enjoy views of the Chalaky river from the private jetty, explore further on our Kayaks or indulge in fishing

**Poolside Serenity:** Scenic outdoor pool and loungers, bathrobes provided

**Cooking Lessons:** Learn to cook authentic Kerala dishes with Preethy weekly

**Home Theatre:** Access Netflix, Amazon Prime in our cosy 15 seat setup

**Spacious Library:** Haven for book lovers, read a diverse collection of books

**Play and Relax:** Engage in fun with Pool, Carrom, Chess, or Cards

**Elegance & Comfort:** King size beds, living room and or balcony options based on room type. Kettles and Safety boxes are available in all rooms

**WiFi :** Complimentary 300 Mbps Wi-Fi access in all rooms & public areas

## LOCAL TRIP & POINTS OF INTEREST

Trip to Athirapally included with package, chargeable trips can be arranged

**Athirapally Waterfalls:**  
50 mins - 26 km

**Cherai Beach:**  
75 mins - 40 km

**Kodanad Elephant Sanctuary:**  
60 mins - 38 km

**Fort Kochi:**  
120 mins - 64 km

